Life Leisure Kids Timetable

September - October 2024

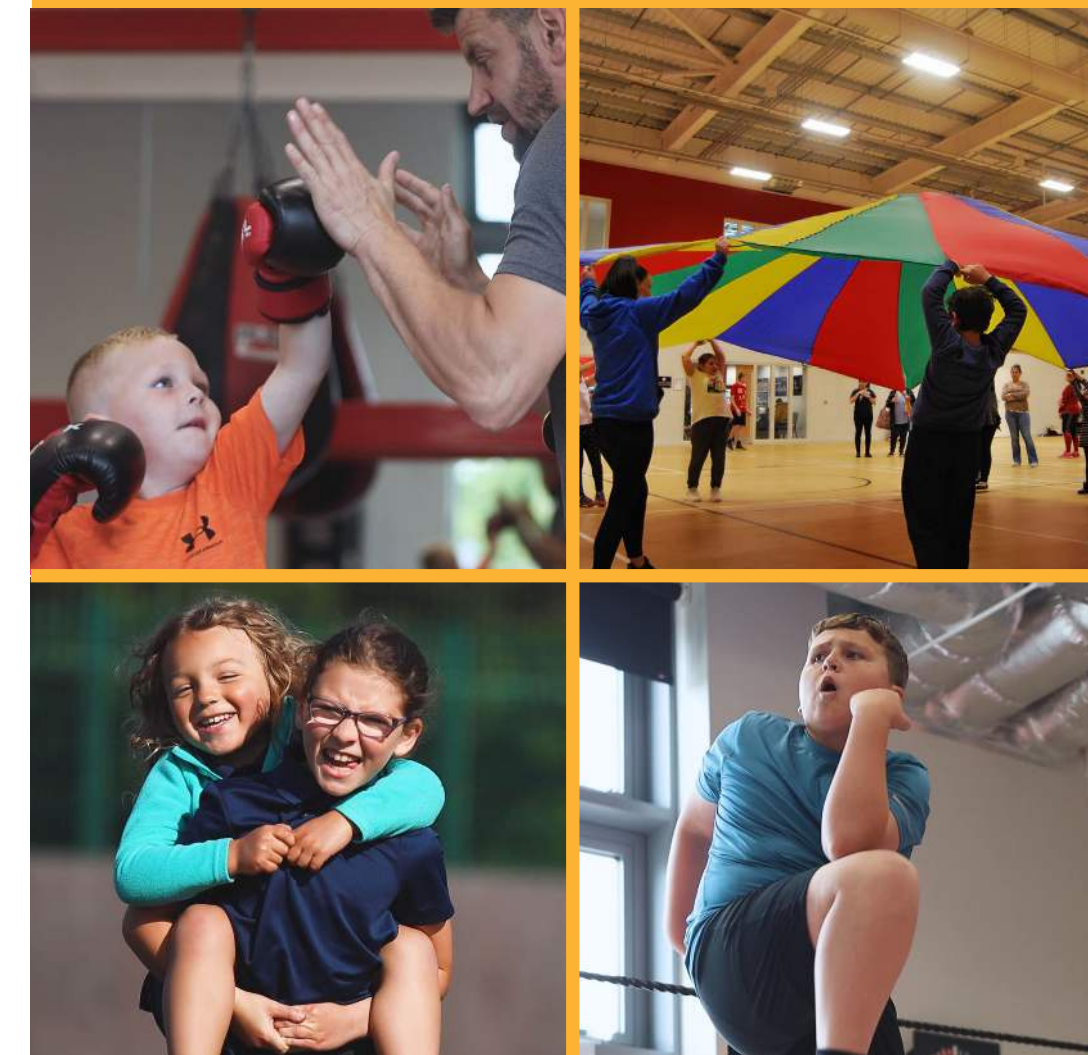| Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Football Skills (5 - 8 yrs) 15.45 - 16.30 - Sports Hall Brinnington Park	**Family Gym** (8 - 12 yrs) 15.15 - 18.00 - Gym Houldsworth Village	**Family Gym** (8 - 12 yrs) 16.00 - 17.15 - Fitness Suite Stockport Sports Village	**Family Gym** (8 - 12 yrs) 16.00 - 17.00 - Gym Brinnington Park	**Family Gym** (8 - 12 yrs) 15.15 - 18.00 - Gym Houldsworth Village	**Family Bootcamp** (5 - 12 yrs) 10.30 - 11.15 - Studio 1 Stockport Sports Village	**Kids Circuits** (5 - 12 yrs) 10.45 - 11.30 - Studio Stockport Sports Village
Ball Games (5 - 12 yrs) 16.15 - 17.00 - MUA Houldsworth Village	**Family Table Tennis** (5 - 12 yrs) 16.15 - 17.00 - Studio Stockport Sports Village	**Family Gym** (8 - 12 yrs) 16.00 - 17.00 - Gym Cheadle	**Kids Boxing** (7 - 12 yrs) 16.30 - 17.15 - Studio Stockport Sports Village	**Family Badminton** (5 - 12 yrs) 16.00 - 17.00 - MUA Houldsworth Village ⬤⬤	**Family Circuits** (8 - 12 yrs) 11.30 - 12.15 - Studio 1 Avondale	**Family Gym** (8 - 12 yrs) 11.30 - 14.00 - Gym Cheadle
Family Gym (8 - 12 yrs) 16.00 - 17.15 - Fitness Suite Stockport Sports Village	**Football Skills** (5 - 12yrs) 16.30 - 17.15 - Studio Houldsworth Village	**Football Skills** (5 - 8 yrs) 16.00 - 17.00 - Astro pitch 4 Stockport Sports Village	**Kids Gym** (8 - 12 yrs) 16.00 - 16.45 - Gym Avondale	**Family Gym** (8 - 12 yrs) 16.00 - 17.15 - Fitness Suite Stockport Sports Village	**Family Gym** (8 - 12 yrs) 11.30 - 14.00 - Gym Cheadle	**Family Gym** (8 - 12 yrs) 12.15 - 13.00 - Gym Brinnington Park
Family Gym (5 - 12 yrs) 16.00 - 17.15 - Gym Avondale	**Kids Circuits** (5 - 12 yrs) 16.30 - 17.30 - Studio Stockport Sports Village	**Kids Gym** (8 - 12 yrs) 16.15 - 17.00 - Gym Houldsworth Village	**Kids Gym** (8 - 12 yrs) 17.00 - 17.45 - Gym Brinnington Park	**Football Skills** (9 - 12 yrs) 16.00 - 16.45 - Sports Hall Brinnington Park	**Family Gym** (8 - 12 yrs) 13.30 - 15.00 - Gym Houldsworth Village	**Kids Gym** (8 - 12 yrs) 13.15 - 14.00 - Gym Brinnington Park
Kids Gym (8 - 12 yrs) 16.30 - 17.15 - Gym Houldsworth Village	**Football Skills** (5 - 8yrs) 16.30 - 17.30 - Astro pitch 4 Stockport Sports Village	**Kids Gym** (8 - 12 yrs) 16.45 - 17.30 - Gym Avondale		**Family Gym** (8 - 12 yrs) 16.00 - 17.00 - Gym Cheadle	**Family Gym** (8 - 12 yrs) 14.00 - 16.00 - Gym Stockport Sports Village	**Family Gym** (8 - 12 yrs) 13.30 - 15.00 - Gym Houldsworth Village
Little Boxers (5 - 8 yrs) 16.45 - 17.30 - Studio Brinnington Park	**Kids Netball & Basketball** (5 - 12yrs) 16.45 - 17.30 - Sports Hall Brinnington Park	**Little Boxers** (5 - 8 yrs) 16.45 - 17.30 - Studio Brinnington Park		**Family Table Tennis** (5 - 12 yrs) 16.30 - 17.15 - Studio Stockport Sports Village	**Family Gym** (8 - 12 yrs) 15.00 - 16.00 - Gym Hazel Grove	**Family Gym** (8 - 12 yrs) 14.00 - 16.00 - Gym Stockport Sports Village
Junior Boxing (9 - 12 yrs) 17.45 - 18.30 - Boxing Area Brinnington Park	**Family Gym** (8 - 12 yrs) 17.00 - 18.00 - Gym Cheadle	**Martial Arts** (5 - 8 yrs) 17.00 - 17.45 - Studio Stockport Sports Village		**Family Sports** (5 - 12 yrs) 17.00 - 19.00 - Sports Hall Avondale		**Family Gym** (8 - 12 yrs) 15.00 - 16.00 - Gym Hazel Grove
Family Gym (8 - 12 yrs) 19.00 - 20.00 - Gym Cheadle		**Family Sports** (8 - 12 yrs) 17.00 - 17.45 - Sports Hall Brinnington Park		**Disco Dodgeball** (5 - 12 yrs) 17.45 - 18.30 - Studio Houldsworth Village		**Kids Gym** (8 - 12 yrs) 15.45 - 16.30 - Gym Avondale
		Family Badminton (5 - 12 yrs) 17.00 - 18.00 - MUA Houldsworth Village ⬤⬤				
		Kids Dance (5 - 9 yrs) 17.00 - 17.45 Stockport Sports Village				
		Junior Boxing (9 - 12 yrs) 17.45 - 18.30 - Boxing Area Brinnington Park				
		Martial Arts (9 - 12 yrs) 18.00 - 18.45 - Studio Stockport Sports Village				

Centre Key

- Avondale
- Brinnington Park
- Cheadle
- Hazel Grove
- Houldsworth Village
- Stockport Sports Village

Class Key

- ⬤ Bookable as activity, not class
- ⬤ Term time only

Kids memberships include FREE swimming!*

*During public swimming times

All classes can be booked online or via the Life Leisure App

lifeleisure Kids