

LEAD SWIMMING COACH

Reporting to: Head Coach/Assistant Head Coach

Key Stakeholders: Stockport Metro

Organisation's purpose: Life Leisure - We exist to improve the lives of others

Responsible for:

Stockport Metro is looking for a highly motivated coach with experience at Age Group and Development to work with swimmers aged 9-14 across 2 different squads. The role is an essential part of our coaching pathway and the new coach will work alongside the Assistant Head Coach and Head of Development to develop swimmers to progress through our pathway

The role will include working with swimmers who recently qualified for the Junior Arena League National final 2023 as well as swimmers aiming for Regional and National competition.

The role will also include opportunities for personal development and mentorship from our highly experienced coaching team.

Your role will be dedicated to engaging with our age group swimmers as they progress swimming journey, improving technique and skills, and coaching with high standards and quality following the Life Leisure WATCH principles.

Your role will include leading and coaching a squad of swimmers including taking them to competition

Hours: 9-11 hours per week. Training sessions will take place Monday – Friday 7.35-9.05pm and Saturday AM.

Location: Grand Central

Salary: TBC depending on qualifications and experience

About you:

Our coaching team consistently promote the values of the programme. The ideal candidate would ideally share the 5 key characteristics that we promote within our coaching team:

- Professional
- Passionate
- Technical
- Caring
- Proactive

Experience relevant to the role

Essential

- A sound knowledge of all areas of the Stockport Metro swimming programme, including the teaching programme
- The ability to be well planned
- The ability to work to deadlines and exceed targets

Desirable

- A minimum of two years' swimming teaching or coaching experience
- Knowledge of swimming competitions, especially at a development and age group level

Education and qualifications

Essential

- A minimum of Coaching Swimming: Level 2 Award or Swimming Coach Certificate or, an interest in working towards this (if not already) Level 1 Coaching and Level 2 teaching qualification will be considered

Desirable

- Level 3 Senior Coach qualification
- Strength and Conditioning Qualification
- NPLQ – National Pool Lifeguard Qualification
- Masters, Triathlon and Open Water training/experience

Abilities, Skills and Knowledge

- Technical knowledge of all 4 strokes as well as skills including starts and turns
- A basic understanding of physiology
- Ability to communicate effectively to young swimmers and their parents
- The ability to work well with a team of coaches

Job duties:

Coaching

- To coach an Age Group squad (swimmers aged 11-15) with a primary focus on developing swimmers for Regional competitions, improving technique, skill and training ability
- Training sessions will take place Monday – Friday 7.35-9.05pm and Saturday AM plus scope for additional coaching across other squads
- To assist with pre-pool and land training when needed
- To attend competitions with your squad and help with Stockport Metro competitions
- To use initiative, be creative and come with new ideas
- To follow a criteria set by Head Coach
- To work with the Head of Development Coach to ensure a progressive pathway from development squads to our age group squads
- To cover other coaching sessions when needed.

Additional information

The responsibilities set out in this document, in the advert and any additional information are intended to provide a flavour of the work you will carry out. It is not possible to include everything you will be asked to undertake, and we expect all colleagues to work flexibly according to business needs and to enhance your own development. Your skills, abilities and training needs will be taken into account and discussed with you when any significant changes to your role are needed.