

LEAD SWIMMING COACH (ACADEMY/DEVELOPMENT SQUADS AND MASTERS)

Reporting to: Head Coach/Assistant Head Coach

Key Stakeholders: Stockport Metro

Organisation's purpose: Life Leisure - We exist to improve the lives of others

Responsible for:

Stockport Metro is seeking a highly motivated coach with experience working across Academy, Development and Masters programmes. The successful candidate will primarily work with swimmers aged 8–12 within our Academy and Development squads, playing a key role in our coaching pathway and assisting on Masters Squads

This position is integral to the progression of our swimmers, working closely with the Head Coach and Head of Academy to support their development as they move through the pathway.

There are currently two positions available, each involving additional coaching responsibilities within either our Masters squads or Development squads.

The role offers excellent opportunities for personal development, including mentorship from our experienced coaching team.

You will be responsible for engaging and inspiring Academy swimmers at the start of their swimming journey, focusing on developing strong technical skills and maintaining high coaching standards in line with Life Leisure WATCH principles.

Key duties include leading and coaching designated squads, supporting swimmer progression, and attending competitions with your swimmers.

Hours: 7-9 hours per week. Training sessions will take place Monday – Friday 4.30-7.30pm and Sunday PM

Location: Grand Central/ Avondale

Salary: TBC depending on qualifications and experience

About you:

Our coaching team consistently promote the values of the programme. The ideal candidate would ideally share the 5 key characteristics that we promote within our coaching team:

- Professional
- Passionate
- Technical
- Caring
- Proactive

Experience relevant to the role

Essential

- A sound knowledge of all areas of the Stockport Metro swimming programme, including the teaching programme
- The ability to be well planned
- The ability to work to deadlines and exceed targets

Desirable

- A minimum of two years' swimming teaching or coaching experience
- Knowledge of swimming competitions, especially at a development and age group level

Education and qualifications

Essential

- A minimum of Coaching Swimming: Level 2 Award or Swimming Coach Certificate or, an interest in working towards this (if not already) Level 1 Coaching and Level 2 teaching qualification will be considered

Desirable

- Level 3 Senior Coach qualification
- Strength and Conditioning Qualification
- NPLQ – National Pool Lifeguard Qualification
- Masters, Triathlon and Open Water training/experience

Abilities, Skills and Knowledge

- Technical knowledge of all 4 strokes as well as skills including starts and turns
- A basic understanding of physiology
- Ability to communicate effectively to young swimmers and their parents
- The ability to work well with a team of coaches

Job duties:

Coaching

- To coach an Academy squad (swimmers aged 8-12) with a primary focus on developing technique and skills
- To assist on either our development or masters squads
- Training sessions will take place Monday – Friday 4.30-7.30 and Sunday plus scope for additional coaching across other squads
- To assist with prepool and land training when needed
- To attend competitions with your squad and help with Stockport Metro competitions
- To use initiative, be creative and come with new ideas
- To follow a criteria set by Head Coach
- To work with the Head of Academy to ensure a progressive pathway from Academy to Development squads
- To cover other coaching sessions when needed.

Additional information

The responsibilities set out in this document, in the advert and any additional information are intended to provide a flavour of the work you will carry out. It is not possible to include everything you will be asked to undertake, and we expect all colleagues to work flexibly according to business needs and to enhance your own development. Your skills, abilities and training needs will be taken into account and discussed with you when any significant changes to your role are needed.