

We are hiring!



Health and Fitness Coach

Job Purpose

The Health and Fitness Coach will assist in the smooth running of the fitness and wellbeing provision at our Hubs by delivering quality activities with exceptional customer service according to our **WATCH** principles. You will work with your Fitness Manager and General to **promote, connect** and **provide** in alignment with Life Leisure's Purpose and Mission.

About you

With a genuine flair and passion for health, wellness and member interaction, applicants will need to be experienced in consistently delivering high level member experiences that engage and inspire gym users. This will require exceptional communication, a high level of health and wellness expertise, up to date fitness knowledge and coaching skills to successfully onboard and engage with our members, deliver a variety of group ex classes and coach small group training. Further requirements include the knowledge and experience to assist in the generation of secondary income streams, including the delivery of Personal Training.

Hours

12 hours per week including evenings and weekends

Location

Life Leisure Avondale

Salary

£22,224 per annum pro rata
(£11.52 an hour)

Essential skills

- Experience of dealing with the general public
- Experience of writing fitness programmes
- Experience in delivering group exercise classes

Desirable skills

- Previous experience of working in the leisure industry as a fitness instructor
- Experience of working in a customer focused environment

How to apply

Email: marianne.miller@lifeleisure.net

Visit: www.lifeleisure.net

